VACANCY NOTICE

Publish Date: 6th November, 2026

Project Name: Effect of Intermittent Fasting on Gut Microbiome Composition and Metabolic Health in Overweight and Obese Indian Adults: A Randomized Controlled Study

Position Code: IIPHG/REC/2026-27/140

Position Title: Project Technical Support-III

No. of Posts: 01 (One)

Location: IIPH Gandhinagar, Gujarat

Duration of Position: 11 Months

Brief on the Organization:

Indian Institute of Public Health Gandhinagar (IIPHG) is a University established under IIPHG Act, 2015 of Gujarat State. It offers courses in the field of Public Health. It also undertakes various research projects in the field of Public Health. The university is established by Public Health Foundation of India (PHFI) with support from the Government of Gujarat, Department of Health & Family Welfare.

Project Brief

This project is a randomized controlled trial in overweight and obese Indian adults that examines how structured intermittent fasting influences gut microbiome composition, gut-derived metabolites and cardiometabolic health, with the aim of understanding the biological mechanisms behind its benefits and informing future precision nutrition strategies. Funded under the ICMR Anveshan Extramural Grants.

Deliverables:

- Follow-up of enrolled participants and retention activities (reminders, appointment scheduling, home/field contact)
- Supporting participant recruitment, screening and baseline/6-month/12-month assessment visits
- Assisting in blood and stool sample collection, labelling, aliquoting, cold-chain transport and sample log maintenance
- Data entry, data validation, record keeping and maintenance of study documentation (CRFs, adherence logs, dietary recall forms)
- Administrative and logistic support to the project, including procurement follow-up and coordination meetings
- Any other work assigned by the PI / Co-PIs related to the project.

Qualification: (Minimum)

Minimum: (as per ICMR norms):
Three-year Graduate degree in a relevant subject / field (Life Sciences / Nutrition / Public Health / Health Sciences or related) with 3 years' post-qualification experience; OR Post-graduate degree in a relevant subject / field; OR for Engineering / IT / CS: four-year Graduate degree.

Desirable: Experience in clinical trials / community-based studies, participant follow-up and biological sample handling; knowledge of Gujarati and Hindi.

Experience:

Minimum: 3 years of post-qualification experience for three-year graduate candidates; no separate experience prescribed for post-graduate candidates.
Desirable: Experience in data entry and documentation in health research projects; working knowledge of MS Excel / MS Word.

Other Requirements:

Travel & Place Percentage of travel	liasioning Requirement	Report Writing & Documentation	Operational Requirement	Computer Knowledge
	Coordination with participants, study clinic and collaborating laboratory	Yes - data records and periodic progress documentation required	Participant follow-up, sample handling and field visits	MS Office (Excel, Word); basic data-entry software

Last Date of Receipt of Applications: 15th November, 2026.

Remarks:

- Interested and eligible candidates are requested on apply online at https://iiphg.edu.in/work-with-us/.
- Please select the Name of the Post **"Project Technical Support-III" OR** Position Code **(IIPHG-REC-2026-27-140)** in the subject.
- Only shortlisted candidates will be contacted for the interview.
- Mere eligibility will not entitle any candidate being called for interview.
- Candidates applying for more than one post are required to submit separate application for each post.
- Call letters to the shortlisted applicants shall be sent by email. No postal communication shall be made.
- Incomplete applications, shall be summarily rejected and no communication in this regard shall be entertained.

- No TA / DA will be paid to attend the selection process, if called for.
- Persons employed in Government/Semi-Government Organization or Educational Institutions in India must apply through proper channel.
- IIPHG reserves the right to fill or not to fill any or all available positions.
- The requirements of minimum qualification and/or experience may be relaxed in the case of candidates with outstanding credentials.
- No correspondence will be entertained from candidates regarding any delays, conduct & result of interview and reasons for not being called for interview.
- Women are encouraged to apply.