



# SHALU CHAUDHARY

## CONTACT DETAILS

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📍 Ahmedabad, Gujarat

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📅 Dec '23 (Last update)

in [LinkedIn](#)

## SKILLS

### Technical Expertise

- Health Systems Design, Strengthening, and Innovation
- Epidemiology and causal inference
- Public Health Nutrition
- NCDs- clinical and public health management and research
- Comprehensive Primary Health Care
- Public Health Policy
- Strategic Planning
- Results Based Management

### Soft Skills

- Executive leadership and communication
- Grant management
- Mentorship and Capacity Building
- Community Engagement and Partnership Building
- Advocacy for Executive Decision-making
- Strategic Thinking

### Personal Strengths

- Continuous Learning
- Networking and building relationships
- Future-oriented thinking and adaptation

## EDUCATION

<b>MBBS</b> Terna Medical College, Navi Mumbai	2008 – 2013
<b>MD- Community Medicine</b> B J Medical College, Ahmedabad	2015 – 2018
<b>Executive Diploma- Public Health Nutrition</b> Institute for Good Manufacturing Practices India New Delhi	2023 – 2024
<b>PhD</b> Indian Institute of Public Health Gandhinagar	2023 – Present

## CERTIFICATIONS

<b>Certificate Course on Health Systems</b> World Bank	
<b>Deep Dive in NCDs- A global course</b> World Bank	
<b>Certificate Course in Evidence-Based Management of Diabetes Mellitus (CCEBDM)</b> Public Health Foundation of India	
<b>Certificate course in Systems thinking in public health</b> John Hopkins Bloomberg School of Public Health (online)	

## EXPERIENCE

<b>Post-MD</b> <b>Assistant Professor</b> Indian Institute of Public Health Gandhinagar	Nov 2023- Present
<b>Team Lead</b> Independent Verification Agency, SRESTHA Gujarat, Indian Institute of Public Health Gandhinagar	Jan 23- Present
<b>State Health Policy and Planning Consultant for Health Systems Strengthening</b> UNICEF-SHSRC Gujarat	Oct 2020- Dec 2022
<b>District Programme Officer, Non-Communicable Diseases,</b> National Health Mission, Gujarat	Jul 2019- Sept 2020
<b>Epidemic Intelligence Officer-COVID 19 (Additional Charge)</b> Banaskantha District	Dec 2019- Sept 2020
<b>Senior Resident Doctor</b> Community Medicine Department, M P Shah Medical College, Jamnagar.	Jul 2018- 2019
<b>Post MBBS</b> <b>External Monitor-NPSP</b> World Health Organization (Ahmedabad Municipal Corporation and Banaskantha District)	2015- 2016
<b>Internship</b> Navi Mumbai Municipal Corporation Hospital, Navi Mumbai	2012-2013

## KEY CONTRIBUTION TO POLICY

- Guidelines for Implementing Palliative and Elderly Care in Gujarat (ongoing)
- Gujarat Health Policy (Working Draft)
- Gujarat Quality of Care Strategy 2023
- Gujarat State Health Systems Research Strategy 2023
- Gujarat State Action Plan for Antimicrobial Resistance 2023
- Departmental Action Plan for Good Governance 2022
- Guidance for districts and municipal corporations for COVID 3<sup>rd</sup> Wave Plan.

## KEY CONTRIBUTION TO POLICY EVIDENCE

- Deep-dive Analysis for SNCU Strengthening (Ongoing)
- Gujarat Aspirational Block Program- Action Plan (Ongoing)
- NFHS-5-based district ranking-Gujarat
- Assessment of Road Traffic Accidents and Trauma Care in Gujarat
- District Profile of Gujarat, Infographics 2021
- CHC grading 2021.
- Situational analysis of health, Gujarat: Based on NFHS 5 and other data.
- Medical Value Travel in Gujarat- Roadmap
- Van Bandhu Yojana-II- Tribal Sub plan, Tribal Department, Gujarat

## KNOWLEDGE PRODUCTS

- Upscaling SNCU services in Gujarat-A process document
- Hospital Patient Care Improvement Mission- A process document
- Smart Referral System in Gujarat-A process document
- Strengthening Cancer Care Services in Gujarat

## RESEARCH PUBLICATION

- Establishment of Cross-Cradle Hold Technique Combined with Intensive Breastfeeding Counselling Positively Impacts the Weight Gain Rate in Early Infancy (PMID: 37189283 )
- Infant and Young Child Feeding Index (IYCFI) and its association with nutritional status: A cross-sectional study of urban slum children of Ahmedabad city. (PMID: 29922108)
- Modifiable risk factors of non-communicable diseases in urban adolescents of Girdharnagar, Ahmedabad: A cross-sectional study. (doi: 10.5455/ijmsph.2019.0203623032019)
- Interventional study on oral health among school children of Gandhinagar district of Gujarat. (doi: 10.5455/ijmsph.2019.0100328092018)
- Mushrooming of urban slums: A challenge towards population stabilization; A cross-sectional study in urban slums of Ahmedabad city. (doi: 10.5455/ijmsph.2017.1057404102016)
- Exploring private sector perspectives on barriers and facilitators in availing tuberculosis care cascade services: a qualitative study from the Indian state
- Assessment of psychosocial impact of skin disorders in the urban population of Ahmedabad. (Dissertation)
- Exploring the Lives of Women Rag Pickers in an Indian Metropolitan City: A Mixed-Methods Cross-Sectional Study on Social and Occupational Determinants Shaping Their Existence

## INVOLVEMENT IN PROJECTS

- Independent Verification Agency-SRESTHA Gujarat (A World Bank supported PforR project for Health Systems Strengthening in Gujarat)
- Assessment of Pradhan Mantri TB Mukh Bharat Abhiyaan (PMTBMBA)- A USAID funded project managed by IPE Global
- Uttar Pradesh Medical Officers Foundation Training Strengthening Project-Bill and Melinda Gates funded project, partner- Johns Hopkins University.
- Centre of Excellence for Nutrition supported by Nayara Energy, Indian Institute of Public Health- (Development of Nutrition Skills Laboratory Guidelines)
- Collaborated with ISAR Foundation and conducted training of master trainers for Medical Officers and Ayush medical officers on Life Skill Education in Banaskantha District
- Collaborated with CHETNA and conducted training of master trainers for Medical Officers and Ayush Medical Officers on communication and counselling skills and menstrual hygiene, in Banaskantha
- Collaborated with CTARA- IIT-Bombay, to implement effective breastfeeding practices under MIYCF for the reduction of malnutrition in children, in Banaskantha

## WORKSHOPS ATTENDED

- Workshop on Indian Public Health Standards 2022, National Health Systems Resource Centre, New Delhi.
- Workshop on Human Resources for Health, National Health Systems Resource Centre, New Delhi.
- Workshop on Statistical Methods in Biomedical Research and Hands-on training of SPSS software package at National Institute of Occupational Health, Ahmedabad.
- Workshop on Qualitative Methods in Health Research at Dr Sushila Nayar School of Public Health, MGIMS, Sevagram.
- National Consultation on Adolescent Health, Karamsad

## COMMITTEE AND ASSOCIATION MEMBERSHIP

- Institutional Ethical Board- State Health Systems Resource Centre, Gujarat
- Institutional Ethics Committee- Indian Institute of Public Health Gandhinagar
- Life Member- Indian Association of Preventive and Social Medicine (IAPSM)

## TRAINING AND WORKSHOPS CONDUCTED

- Workshop on Deep-dive analytics of SNCU MIS for Medical Colleges
- Workshop on Use of Data for Decision Making for Public Health Managers
- Joint Review Mission-3 Workshop for Experts
- COVID-3<sup>rd</sup> Wave Planning for Public Health Managers
- COVID-19 Containment for Block Health Officers of Banaskantha
- Master Trainer for Non-Communicable Diseases Programme-Trained 220+ Medical Officers, 250+ Staff Nurse, 20+Public Health Officers , 750+ Health Workers, 5000+ ASHAs

## AWARDS

- Received award for working as Epidemic Intelligence Officer for COVID-19 by District Administrative Authority on 74th Independence Day.
- Received award for providing outstanding services related to non-communicable diseases to people living in remote areas, by the Banaskantha District Administrative Authority on 71st republic day.
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- Received second prize in oral presentation in National conference of Indian Association of Preventive and Social Medicine in 2015.
- Received second prize in poster presentation in the annual conference of Indian Association of Preventive and Social Medicine - Gujarat Chapter in 2016.
- Received second prize Oral paper presentation in National conference of Indian Association of Preventive and Social Medicine in 2017.

#### **OTHER ACTIVITIES**

- Mixed Media Artist. Won several competitions and conducted two art exhibitions.
- Classical Flautist
- Classical Harmonium player

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#### **Declaration:**

I hereby confirm that all the details furnished above are authentic and accurate to the best of my belief.

*Shalu*