

Apurvakumar Pandya, PhD

Indian Institute of Public Health, Gandhinagar

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PROFILE

Dr. Pandya is a trained psychologist with over 17 years of experience in research, development sector and academia. He is a dedicated social and behavioural scientist with a passion for promoting public health and improving healthcare outcomes.

CAREER OBJECTIVE

Significantly contribute to public health, education, research, and practice using insights from social and behavioural sciences.

KEY ACCOMPLISHMENTS

- Facilitated constitution of Institutional Quality Assurance Cell (IQAC) and successfully implemented numerous initiatives to enhance quality and raise standard of higher education
- Designed and conducted numerous skills building workshops around behaviour change communication, team-building, and well-being.
- More than 80 publications with 800+ citations and H-Index 15 (as on 30th November 2023)
- Four design patents published, two granted approval

COMPETENCIES AND SKILLS

- Competencies: Domain knowledge of public mental health, gender, social & behavioural sciences, health technology assessment, and qualitative research
- Skills: Solution-focused, team player, behavioural intervention design and evaluation, data analysis using SPSS, NVivo, AI tools for research and education, cost-effectiveness analysis, systematic review and meta-analysis

EDUCATION

- ❑ **2015** Doctor of Philosophy (PhD), Department of Human Development & Family Studies, Maharaja Sayajirao University of Baroda (MSUB), Vadodara, Gujarat
- ❑ **2005** Master of Arts (MA) in Clinical Psychology, Department of Psychology, MSUB, Vadodara, Gujarat - 1st Class
- ❑ **2003** Bachelor of Arts (BA) in Psychology, Department of Psychology, MSUB, Vadodara, Gujarat- 1st Class

RELEVANT CERTIFICATION

- ❑ **2018** Certificate in Economic Evaluation for Health Technology Assessment, Post Graduate Institute Education and Research, Chandigarh
- ❑ **2014** Certificate in Early Childhood Education from Australia Open University.
- ❑ **2013** International Certificate in Public Health Management from School of Public Health, University of Minnesota, USA
- ❑ **2013** International Certificate in Global Health from USAID and Bloomberg School of Public Health, Johns Hopkins Univ., USA
- ❑ **2011** Certificate in Emergency Preparedness for Health Professional Students, Columbia University, USA
- ❑ **2006** International Certificate in HIV/AIDS Counseling & Psychosocial Interventions, Tata Institute of Social Sciences, Mumbai

AWARDS, SCHOLARSHIPS & FELLOWSHIPS

1. **Young Researcher's Award-2022**, Institute of Scholars, Bangalore.
2. **Dedicated Teacher's Award-2021**, Parul University, Vadodara
3. **Fulbright-Nehru Doctoral and Professional Fellowship** from United States-India Education Fund, New Delhi and Department of State, Bureau of Education and Cultural Affairs, USA in 2009.

4. **Senior Research Fellowship** from **University Grants Commission** under Research Fellowship in Sciences for Meritorious Students (RFSMS) scheme in the Department of HDFs, MSUB, October 2009-2012.
5. **Junior Research Fellowship** from University Grants Commission under Research Fellowship in Sciences for Meritorious Students (RFSMS) scheme in the Department of HDFs, MSUB, October 2007-2009.
6. **Many Faces of Counseling Psychologist Award** from the American Psychological Association and International Counseling Psychology Conference, Houston, Chicago, Apr 2008.
7. **Best Innovative Team Contributor of the Year Award 2015**, ChildFund India.
8. **Early Career Scholar Award** from the International Society for Study of Behavioural Development (ISSBD), Jul 2012.
9. **Best Paper Award** from 30th Biennial Conference of Home Science Association of India, Dec 2013.
10. **Buddy Country Coordinator-India (honorary appointment)**, Asia Pacific Regional Network for Early Childhood (ARNEC), 2015.
11. **Travel Scholarship** from the United States-India Educational Foundation, New Delhi, to attend an ISSBD Regional Workshop in Chandigarh, Oct 2011.
12. **Travel Award** from American Psychological Association for participation in APA convention in Washington, USA, 2010.
13. **Scholarship (Complimentary Registration)**, 3rd International Congress on Women's Mental Health, Melbourne, Australia, Mar, 2008.
14. **Scholarship**, 4th Asia Pacific Conference on Reproductive & Sexual Health and Rights, Hyderabad, India, October, 2007.
15. **RCSHA Scholarship** from Resource Centre for Sexual Health and HIV/AIDS to participate in International Training on "HIV/AIDS Counselling and Psychosocial Intervention" organized by Tata Institute of Social Sciences, Mumbai, 2005.

CAREER PATH – WORK EXPERIENCE

Indian Institute of Public Health, Gandhinagar, Gujarat 26 Oct 2023 – till date

Assistant Professor

- ❑ Lead courses like Health Communication & Promotion, Communication for Hospital Managers, Social and Behavioural Sciences in Health, Gender & Health, Health Economics, and elective course on Data Analytics in Healthcare; mentor students, facilitate activities that promote students & staff psychological wellbeing, engage in research, and fulfilling administrative responsibilities under guidance of Director, IIPHG.

Parul Institute of Public Health, Parul University, Waghodia, Vadodara, Gujarat 25 Sept 2021 –25 Oct 2023

Associate Professor and Director

- ❑ Led academic and research activities of Parul Institute of Public Health. Engaged in teaching, mentoring young faculties, collaboration with like-minded institutions, and the administration of the institute in close coordination with Parul University's central administration team.

Indian Institute of Public Health Gandhinagar June 2018 – Sept 2021

Economic Evaluation Specialist – Regional Resource Centre for Health Technology Assessment

Oct 2019 – Sept 2021

- ❑ Coordinated health technology assessment studies including HTA protocol development, carrying out systematic reviews, and running a decision tree model for HTA studies. Also, designed and coordinated an elective course on HTA.

Scientist D – Regional Resource Centre for Health Technology Assessment

June 2018 – Oct 2019

- ❑ Conducted health technology assessment studies, systematic reviews, and support in developing a decision tree model for HTA studies. Also, contributed to writing research papers, research proposals, and facilitated mental health promotion activities.

ChildFund India July 2014 – June 2018

Manager - Grants Implementation

July 2016 – June 2018

- ❑ Led multi-state projects in health, education, and child protection. Primary responsibilities included developing project budgets, detailed implementation plan, strengthening the team's capacity, supportive supervision, periodic monitoring & evaluation, capturing noteworthy practices, and liaising with stakeholders. Supported developing proposals in health & nutrition, early childhood education, literacy skills, and livelihood.

Training and Documentation Officer-Centre of Learning and Excellence in Child Development (CLECD)

July 2014 – June 2016

- Organized and co-facilitated various workshops, supporting designing and implementing innovative projects. I have also conceptualized and moderated a community of practice (COP) on Early Childhood Development & Adolescent Reproductive and Sexual Health to share program challenges, solutions, and best practices across field offices and documented ChildFund's best practices.

Independent Behavioural Consultant

July 2013 – July 2014

- Provided counselling, research, and development consulting services to individuals, UNICEF, UNCCD, civil service organizations, and government departments. Specific services include counselling, training services, evaluation of HIV Prevention Programs, Joint Appraisal Team visits, etc.

UNICEF, Gujarat

Oct 2012 – June 2013

State Consultant- Child Protection Plan

- I supported the Department of Social Justice and Empowerment, Government of Gujarat, to develop a framework for district child protection plan and provide technical support in implementing the child protection activities in the state. Organized and coordinated National Seminar on "Child Rights" in Gujarat.

Department of HDFS, M S University of Baroda (MSUB), Vadodara

Oct 2007– Sept 2012

University Grant Commission-Senior Research Fellow

Oct 2009 – Sept 2012

- Engaged in developing departmental curriculum on research methodology and scientific writing. Teaching Guidance and Counselling course, collecting data for doctoral research, analysis, and writing the dissertation.

University Grant Commission-Junior Research Fellow

Oct 2007 – Sep 2009

- Contributed to a post-graduate course curriculum on guidance and counselling, taught research methodology, guidance & counselling to undergraduate and postgraduate students, completed required doctoral courses, participated in conferences and seminars.

Lakshya Trust, Vadodara

Aug 2005 –Sep 2007

(A community-based organization working for sexual minority in Gujarat)

Counsellor

- Provided HIV counselling and mental health services, coordinated counselling services, handled training and research activities in the area of sexuality and mental health.

ADDITIONAL DUTIES ASSIGNED

- Chair Person**, Board of Studies, Parul Institute of Public Health (PIPH), Parul University, Vadodara
- Chair Person**, Institutional Innovations Cell, Curriculum & Syllabus Committee, PIPH, Parul University
- Chair Person**, Advisory Committee, Health Informatics Lab, PIPH, Parul University
- Member**, Food and Hygiene Committee, Parul University, Vadodara
- Member**, Board of Doctoral Studies and Research, Parul University, Vadodara
- Member**, Annual Review Committee, Parul University, Vadodara

PROFESSIONAL ASSOCIATION AS EDITORIAL BOARD MEMBER AND REVIEWER

- Editorial Board Member**, Indian Journal of Health Sexuality & Culture, Indian Institute of Sexology Bhubaneshwar
- Associate Editor**, Frontiers in Public Health, and Frontiers in Psychiatry
- Academic Editor**, PloS One
- Reviewer – Journals of** Oxford University Press; Springer; BioMed Central; Taylor and Francis Palgrave Macmillan; Routledge; Dove; Paris Scholar Publishing; MDPI; Institute of Electrical and Electronics Engineers Inc.; JMIR; PloSOne, Frontiers

RESEARCH / CONSULTANCY ASSIGNMENTS

- Project:** Perceptions and Perspectives Regarding Prenatal Screening for Sickle Cell Diseases among Pregnant Women and Other stakeholders: A Concurrent Participatory Mixed Method Study
Supported by: SewaRural, Jhaghadia
Grant Amount: INR 3,00,000/- **Project Status:** On-going
Role: Principal investigator

2. **Project:** Single-Arm Trial of a Smartphone App - QuitSure - for Smoking Cessation
Supported by: Rapid Kart Pvt. Ltd.
Grant Amount: INR 8,60,000/- **Project Status:** On-going
Role: Principal investigator
3. **Project:** Psychosocial Modules for Children Experiencing Gender based Violence
Supported by: Plan International (India Chapter)
Grant Amount: INR 3,00,900/- **Project Status:** Completed
Role: Principal investigator
4. **Project:** Policy Analysis of Cancer in India
Supported by: SPC Pvt. Ltd. (On behalf of Jhpiego, India)
Grant Amount: INR 45,000/- **Project Status:** Completed
Role: Principal investigator
5. **Project:** Yoga and meditation interventions focusing on respiratory diseases and immunity: A systematic review and meta-analysis to identify "what works and what does not"
Supported by: Department of Science and Technology Government of India
Sanction: DST/SATYAM/COVID-19/2020/145 **Role:** Co-Principal investigator
Grant Amount: INR 2,80,000/- **Project Status:** Completed
6. **Project:** Evidence synthesis for identifying technology support solution to operationalize Health & Wellness Centres in Gujarat
Supported by: Public Health Research Initiative (PHRI), PHFI, New Delhi
Grant Amount: INR 4,84,000/- **Project Status:** Completed
Role: Co-Principal investigator

OTHER ASSIGNMENTS

1. **Designed** online self-paced course on Positive Mental Health at Parul University, Vadodara for all undergraduate students
2. **Designed** a training module on Peer Counselling Training for Uniformed Personnel supported by the State Mental Health Authority, Government of Gujarat
3. **Designed** a course Module 6 on Mental Health and Counselling Skills for Community Health Officer for the Certificate Course in Community Health, supported by the Department of Health and Family Welfare Government of Gujarat
4. **Developed** a case study: Bottom-Up Health Planning for Healthy Gujarat supported by the Department of Health and Family Welfare Government of Gujarat

PROFESSIONAL ENGAGEMENTS

External Examiner:

- Certificate Course in Community Health, Indian Institute of Public Health Gandhinagar
- MSc in Forensic Psychology, National Forensic Sciences University, (NFSU), Gandhinagar
- Master of Public Health, Ganpat University, Mehsana
- Co-convener for the exam:** MSc in Forensic Psychology/Neuro-psychology, SBS, NFSU, Gandhinagar
- Coordinator,** Social science approaches for research and engagement in health policy & systems (SHAPES). A thematic working group of the Global Health System is active as a Google group, where members circulate resources and engage in dialogue on social science issues in health policy and systems research.
- Member,** Global Burden of Disease (GBD) Collaborator Network
- Member,** Institutional Ethics Committee, School of Behavioural Sciences, National Forensic Sciences University, Gandhinagar
- Steering Committee Member,** International Collaboration for Participatory Health Research (ICPHR)

INVITED TALKS

- Expert panellist,** Violence & Mental Health, Live Talk Show - Hello Zindagi, DD Girnar, part of a national broadcaster, Doordarshan, Ministry of Broadcasting, Government of India.
- Expert panellist,** Eating disorder & Mental Health, Live Talk Show - Hello Zindagi, DD Girnar, part of a national broadcaster, Doordarshan, Ministry of Broadcasting, Government of India.

- Expert panellist**, Stress Management for BSF Jawans, satellite session broadcasted across the country, BSF Frontier Headquarter, Gujarat.
- Expert panellist**, Mental Health at Workplace, International Conference on Public Health, cos-hosted by Navrachana University and University of Arizona, March 24 to 26, 2021.
- Expert panellist**, Panel Discussion on Mental Health, organized by Parul Institute of Nursing, Parul University, Vadodara – 2022.
- Expert Talk**, Women’s Mental Health at Parul Institute of Nursing, Parul University, Vadodara – 2022.
- Expert Talk**, Promoting Research at Higher Education Institutions at Parul Institute of Para-medical and Health Sciences, Parul University, Vadodara – 2022.

PROFESSIONAL MEMBERSHIP

- Board Member**, Indian Institute of Sexology Bhubaneshwar (IISB)
- Life Member**, Home Science Association of India (HSAI)
- Life Member**, Indian Public Health Association (IPHA)
- Life Member**, Epidemiological Foundation of India (EFI)
- Associate Life Member**, Academy of Hospital Administration (AHA)
- Member**, International Society for Study of Behavioural Development (ISSBD)
- Member**, International Council of Psychologists (ICP)
- Member**, American Psychological Association (APA)

OTHER NATIONAL & INTERNATIONAL PROFESSIONAL ASSOCIATIONS

Consultant Resource Person and Master Trainer	<ul style="list-style-type: none"> <input type="checkbox"/> Gender Resource Centre, Department of Women and Child Development, Government of Gujarat <input type="checkbox"/> Gujarat State Child Protection Society, Department of Social Justice and Empowerment, Government of Gujarat <input type="checkbox"/> State AIDS Control Society, Gujarat, Goa, Diu and Daman <input type="checkbox"/> State Training Resource Centre, Gujarat <input type="checkbox"/> Saksham Programme, Faculty of Social Work, M S University of Baroda and Gujarat Vidyapith, Ahmedabad <input type="checkbox"/> Pehchan Project- India-AIDS Alliance, New Delhi <input type="checkbox"/> HIFAZAT Project- EHA New Delhi <input type="checkbox"/> National Institute of Public Cooperation and Child Development (NIPCCD), Delhi
Application Reader & Selection Board	<ul style="list-style-type: none"> <input type="checkbox"/> Atlas Service Corps, Inc. Washington DC, USA
Global Guide & Volunteer	<ul style="list-style-type: none"> <input type="checkbox"/> One to World, New York, USA
Program Ambassador and Community Leader	<ul style="list-style-type: none"> <input type="checkbox"/> Fulbright Foreign Exchange Program, Exchanges Connect, Bureau of Education and Cultural Affairs, USA
Assessment Coordinator	<ul style="list-style-type: none"> <input type="checkbox"/> United Nations Convention on Conservation of Deforestation, Bonn, Germany

CONFERENCE ATTENDANCE AND PRESENTATIONS

1. Attended ACIES 2023 – a public health conclave organized by Indian Institute of Public Health from January 8 to 10, 2023.
2. Attended the Seventh Global Symposium on Health Systems Research from October 31 - November 4, 2022, Bogota, Colombia.
3. Presented a paper, "Risk Communication and CE Best Practices: Evidence for Better COVID-19 Management in India" at The South Asia SBCC Summit from December 7 -9, 2021.
4. Presented a paper, "Excessive screen time during covid-19 and mental health: A review of current evidence" at International e-Conference on The New Normal- Psychological Perspectives organized by Dr. MGR-Janaki College of Arts and Science for Women, Chennai from March 26 to 27, 2021.
5. Presented a paper, "Child and adolescent mental health in the juvenile justice system: Meta-synthesis of evidence" at the First Annual Conference on Emerging Trends in Behavioural Sciences at OP Jindal Global University from January 16 to 17, 2020.

6. Presented a paper titled, "Counselling Practices in Targeted HIV prevention Interventions: Discourse on Indian Model of HIV Counselling" at International Conference on Human Development in a Globalizing World Perspectives from South and South-East ASIA held in Vadodara from January 31 to February 3, 2019.
7. Presented a paper titled, "Who am I? A model of same-sex sexual identity transformation" at 30th Biennial Conference of Home Science Association of India, December 2013.
8. Presented a paper titled, "Personality factors and sexual risk behaviours of university students staying in hostels: An exploratory study" at Regional Science Conference held in Vadodara, India from September 15 to 16, 2012.
9. Presented poster titled, "Paediatric ART adherence counselling: Experiences and perspectives of counsellors" at ISSBD Conference held in Edmonton, Canada from July 7 to 13, 2012.
10. Presented poster titled, "Young men's notions about men and masculinity: A qualitative study" at the ISSBD Regional Workshop held at Chandigarh, India from October 13 to 15, 2011.
11. Presented a paper titled, "Voices of invisible: Psychosocial and mental health issues of homosexual & bisexual men" in 11th International and 42nd National Conference of Indian Academy of Applied Psychology held in New Delhi from February 15 to 17, 2007.
12. Presented a paper titled, "Clinical efficacy and effectiveness of an intervention package for migraineurs" in the National Academy of Psychology Conference held at IIT Bombay from December 14 to 16, 2006.

PUBLICATIONS

Total publications: 85

Original Articles (Published/Accepted): 71; Books: 4; Book Chapters: 8; Conference proceeding: 1; Book review: 1

Indexing: Scopus: 15; PubMed: 37; ProQuest: 2; WoS:1; UGC Care: 7; ESCI:1

Original Articles

1. Pandya, A., Mythri, K.S., Mishra, S., & Bajaj, K. (In Press). Effectiveness of the QuitSure Smartphone app for smoking cessation: An interim findings of prospective single arm trial. *JMIR Formative Research*. **Indexing: ESCI, Scopus IF: 2.2**
2. **Pandya, A.**, Lodha, P., & Ganatra, A. (2023). Is ChatGPT ready to change mental healthcare? Challenges and Considerations: A reality-check. *Frontiers in Human Dynamics*. doi: 10.3389/fhumd.2023.1289255 **Indexing: PubMed, Scopus**
3. Kathuria T., & **Pandya, A.** (2023). Can five-minutes meeting improve the well-being of students? The Indian school experience. *Journal of Psychologists and Counsellors in Schools*. Cambridge University Press. **Indexing: Scopus IF: 1.56**
4. Parray, A. A., Inam, Z. M., Ramonfaur, D., Haider, S. S., Mistry, S. K., & **Pandya, A. K.** (2023). ChatGPT and global public health: Applications, challenges, ethical considerations and mitigation strategies. *Global Transitions*. 5, 50-54. <https://doi.org/10.1016/j.glt.2023.05.001> **Indexing: Scopus**
5. Nayak, U., Badhiye, A., Brahmbhatt, K., & **Pandya, A.** (In Press). Implementing Breast Crawl for improving rate of early initiation of Breastfeeding in Normal Vaginal delivered term babies at Tertiary Care Centre: A quality improvement study. *Perinatology - Journal of Perinatal and Neonatal Care*. **Indexing: PubMed**
6. Chhodavadiya, M., **Pandya, A.**, Patadia, H., & Priyadarshini, A. (In Press). Haematological profile of patient with Sickle Cell Anemia and Iron Deficiency Anemia from rural Vadodara District: A Hospital-based retrospective study. *International Journal of Biology, Pharmacy and Allied Sciences*. **Indexing: WoS**
7. Joshi, A., Kaur, K., Krishna Mohan, S.S., Grover, S., **Pandya, A.** (In Press). Design, develop, and pilot test a digital platform to enhance student well-being: Protocol for a mixed-methods study. *JMIR Research Protocol*. **Indexing: PubMed**
8. Joshi, A., Krishna Mohan S.S., Grover, A., **Pandya, A.**, Saggi, S.R., Revathi, S.K., Sharma, S. (In Press). Implementation and evaluation of SANGYAN podcast, a digital health intervention to enhance knowledge related to COVID 19 and other health conditions: A protocol. *JMIR Research Protocol*. **Indexing: PubMed**
9. Dangal, B., & **Pandya, A.** (2022). Role of general practitioners in managing common mental-neurological and substance use (MNS) disorders in rural Nepal: a qualitative study from provincial hospital. *Journal of General Practice and Emergency Medicine of Nepal*. **Indexing: UGC Care**

10. Saha, S., **Pandya, A.**, Raval, D., & Saxena, D. (2022). Cost-Effectiveness of mHealth Intervention (TeCHO+) for Improving Maternal and Child Health Indicators in Gujarat, India. *Indian Journal of Community Medicine*, 47(4), 549-554. <https://pubmed.ncbi.nlm.nih.gov/36742961/> **Indexing: Scopus, PubMed**
11. Shah, K., Singh, M., Kotwani, P., Tyagi, K., **Pandya, A.**, Saha, S., ... & Rajshekar, K. (2022). Comprehensive league table of cost-utility ratios: A systematic review of cost-effectiveness evidence for health policy decisions in India. *Frontiers in Public Health*, 10. **Indexing: Scopus, PubMed**
12. Parmar, S., Puwar, T., Saxena, D., Shukla, S., & Pandya, A. (2022). Adverse event following immunization surveillance and management: A case of two districts in Madhya Pradesh. *Journal of Datta Meghe Institute of Medical Sciences University*, 17(3), 666. **Indexing: Scopus**
13. Vaghani, N., **Pandya, A.**, Priyadarshini, A., & Patadia, HK. (2022). Acute kidney injury profile of COVID-19 patients and associated risk factors a rural hospital-based retrospective study from Vadodara, Gujarat. *International Journal of Health Sciences*, 6(S6), 2543–2552. <https://doi.org/10.53730/ijhs.v6nS6.9800> **Indexing: Scopus**
14. **Pandya, A.**, & Lodha, P. (2022). Mental health consequences of COVID-19 pandemic among college students and coping approaches adapted by higher education institutions: A scoping review. *SSM-Mental Health*, 100122. <https://pubmed.ncbi.nlm.nih.gov/35665095/> **Indexing: Scopus**
15. **Pandya, A.** (2022). Innovative mental health initiatives in India: Strengthening capacity of primary care doctors and non-specialists. *Journal of Family Medicine and Primary Care*, 11(6), 3382-3383. **Indexing: PubMed**
16. Saha, S., Saxena, D., Puwar, T., & Pandya, A. (2022). Addressing determinants of malnutrition: A protocol of project Tushti. *Journal of Family Medicine and Primary Care*, 11(11), 6745-6751. <https://doi.org/10.4103/jfmpc.ifmpc.925.21>. **Indexing: Scopus**
17. Saha, S., **Pandya, A.**, Raval, D., & Patil, M. S. (2022). Nutritional status of children under two years of age in the Devbhumi Dwarka District, Gujarat: A descriptive cross-sectional study. *Cureus*, 14(7). **Indexing: PubMed**
18. Saha, S., **Pandya, A.**, Raval, D., Patil, M. S., & Saxena, D. (2022). Malnutrition in Devbhumi Dwarka: A situation analysis. *Cureus*, 14(8). **Indexing: PubMed**
19. Umallawala, T. M., Shah, P., Puwar, T., Saha, S., **Pandya, A.**, Wanjari, M. B., & Saxena, D. (2022). Food consumption pattern and dietary diversity among pregnant and lactating women, children, and adolescent girls in Devbhumi Dwarka district, Gujarat: A cross-sectional study. *Cureus*, 14(8). **Indexing: PubMed**
20. Umallawala, T., Puwar, T., **Pandya, A.**, Bhavsar, P., Saha, S., & Patil, M. S. (2022). Sociocultural determinants of nutritional status among children under five years of age: An Ethnographic Study from Gujarat. *Cureus*, 14(7). **Indexing: PubMed**
21. Saha, S., Puwar, T., Shah, K., Pandya, A., Wanjari, M. B., & Saxena, D. (2022). Non-iron deficiency anemia in rural Indian women: A Cross-Sectional Study. *Cureus*, 14(8). **Indexing: PubMed**
22. Mehta, M., Saha, S., **Pandya, A.**, Wanjari, M. B., & Saxena, D. (2022). Accelerating actions against malnutrition: A call for strengthening the capacity of health and nutrition program staff in Devbhumi Dwarka, Gujarat. *Cureus*, 14(8). **Indexing: PubMed**
23. **Pandya, A.**, Khanal, N., & Upadhyaya, M. (2022). Workplace Mental Health Interventions in India: A Rapid Systematic Scoping Review. *Frontiers in Public Health*, 10. **Indexing: PubMed, IF: 3.7**
24. Kumar, R., Sinha, A. K., & **Pandya, A.** (2022). Musculoskeletal disorders and their associated risk factors in long-distance truck drivers from Allahabad, India: A cross-sectional study. *International Journal of Applied Research on Public Health Management (IJARPHM)*, 7(1), 1-9.
25. Saha, S., **Pandya, A.**, Kandre, Y., Raval, D., & Saxena, D. (2021). Cross-Sectional Analysis of Nutritional Status, Knowledge and Uptake of Nutritional Services Among Adolescent Girls in Western India. *Adolescent Health, Medicine and Therapeutics*, 12, 117-125. <https://doi.org/10.2147/AHMT.S336.071> **Indexing: PubMed; IF: 3.7 (Q2)**
26. Egid, B., Roura, M., Aktar, B., Amegee Quach, J., Chumo, I., Dias, S., Hegel, G., Jones, L., Karuga, R., Lar, L., Lopez, Y., **Pandya, A.**, Norton, T., Sheikhattari, P., Tancred, T., Wallerstein, N., Zimmerman, E., & Ozano, K. (2021). 'You want to deal with power while riding on power': global perspectives on power in participatory health research and co-production approaches, *BMJ Global Health*. 6(11), e006978. <https://gh.bmj.com/content/6/11/e006978> **PubMed; IF: 4.28 SJR: 2.11 Q1**

27. Shah, K., **Pandya, A.**, Kotwani, P., Saha, S., Desai, C., Tyagi, K., Saxena, D., Puwar, T., & Gaidhane, S. (2021). Cost-Effectiveness of Portable Electrocardiogram for Screening Cardiovascular Diseases at a Primary Health Center in Ahmedabad District, India. *Frontiers in Public Health*, 9, 753443. <https://doi.org/10.3389/fpubh.2021.753443> **PubMed; IF:6.1; SJR 0.91, Q2**
28. Shah, K., **Pandya, A.**, Saxena, D., & Mavalankar, D. (2021). Low vitamin D levels and prognosis in a COVID-19 paediatric population: A systematic review. *QJM: An International Journal of Medicine (Oxford University Press)*. hcab202. doi: 10.1093/qjmed/hcab20 **Indexing: PubMed; IF: 14.04**
29. Shah, K., Upadhyay, M., Kandre, Y., **Pandya, A.**, Saraf, V., Saxena, D., & Mavalankar, D. (2021). Epidemiological, clinical and biomarker profile of pediatric patients infected with COVID-19. *QJM: An International Journal of Medicine (Oxford University Press)*. hcab206. doi: 10.1093/qjmed/hcab206 **Indexing: PubMed; IF: 14.04**
30. **Pandya, A.**, & Lodha, P. (2021). Social connectedness, excessive screen time during COVID-19 and mental health: A review of current evidence. *Frontiers in Human Dynamics*. doi: 10.3389/fhumd.2021.684137 **Indexing: DOAJ**
31. Lodha, P. & **Pandya, A.** (2021). The future of digital mental health care amidst the psychologization of the COVID 19 crisis. *Academia Letters*, Article 3562, 1-5. <https://doi.org/10.20935/AL3562>
32. Kotwani, P., Patwardhan, V., & **Pandya, A.** (2021). Are emerging adults more prone to COVID-associated psychological distress than their Older Adult counterparts? A cross-sectional comparative study. *Indian Journal of Health, Sexuality & Culture*. **Indexing: UGC Care**
33. Hussain, H., & **Pandya, A.** (2021). COVID-19 and prisoners in India: Most neglected population and their mental health needs. *Indian Journal of Health, Sexuality & Culture*. **Indexing: UGC Care**
34. **Pandya, A.**, Deblina, R. (2021). Strengthening mental health response to COVID-19: A call for action. *Indian Journal of Health, Sexuality & Culture*. **Indexing: UGC Care**
35. **Pandya, A.**, & Redcay, A. (2021). Impact of COVID-19 on transgender women & hijra: Insights from Gujarat, India. *Journal of Human Rights and Social Work*, 1-10. doi:10.1007/s41134-021-00184-y **Indexing: Scopus; IF: 0.838**
36. Saha, S., Desai, B., Fancy, M., Puwar, T., Saxena D., Shah, K., & **Pandya, A.** (2021). Protocol for the cost-effectiveness of parenteral iron and oral iron therapy for first-line management of anaemia among pregnant women in a natural programme setting in Gujarat. *BMJ Open*, 11(6):e044712. doi: 10.1136/bmjopen-2020-044712. **Indexing: PubMed; IF: 3.006; SJR: 1.13, Q1.**
37. **Pandya, A.**, & Lodha, P. (2021). Mental health of college students amidst covid-19: implications for reopening colleges and universities. *Indian Journal of Psychological Medicine*. **Online first publication. May 5, 2021**, <https://doi.org/10.1177/02537176211005622> **Indexing: Scopus; SJR: 0.42 Q3**
38. **Pandya, A.**, & Saha, S. (2021). Policing during Covid-19 pandemic and its impact on mental health. *Journal of Mental Health Education (NIMHANS Journal)*, 3(1)20-36. **Indexing: UGC Care**
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53. Parmar S, Puwar T, Saxena D, Shukla S, **Pandya A.** (2020). Health workers' approach towards Adverse Events Following immunization – An insight from Madhya Pradesh. *Indian Journal of Community Medicine*, 45 (3), 1-3. https://doi.org/10.4103/ijcm.IJCM_52_20 **Indexing: PubMed, Scopus; SJR (2020):0.38; Q3**
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64. **Pandya, A.**, & Kathuria, T. (2017). Who am I? A transformative process of same-sex sexual and gender identities development in the Indian context. *Indian Journal of Health, Sexuality & Culture*, 3 (2), 10-21. **Indexing: UGC Care**
65. **Pandya, A.** (2015). The community of practice in early childhood development: Experience of ChildFund India. *ARNEC Connections*, 9.
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71. **Pandya, A.**, Khanna, R., & Parmar, S. (2009). Exploring young men's notions about men and masculinity. *WSRC Communique*,1,4-6.

Books

72. Swaroop, TS., Banu, A., Divya, D M.K., **Pandya, A.** (2023). Business Communication. Scientific International Publishing House. ISBN: 9789357571678
73. **Pandya, A.**, Joshi, D., Lela, MH., Agrawal, M. (2023). Research Methodology. Scientific International Publishing House. ISBN: 9789357573412
74. **Pandya, A.**, Patadia, H. (2023). Writing Effective Grants Proposal. HSRA Publications.
75. Agrawal, M., Swaroop, TS., **Pandya, A.**, Suthar P. (2023). Human Values and Ethics at Workplace. Scientific International Publishing House.

Book Chapters

76. **Pandya, A.** & Tripathi, K. (2021). Chapter 16: Death and dying during the Covid-19 pandemic: the Indian context. In Panagiotis Pentaris, Religious literacy in hospice care: challenges and controversies. Routledge. ISBN: 978-036-758-514-3
77. Lodha, P. & **Pandya, A.** (2021). Chapter 2: Schizophrenia: An overview from public mental health perspective. In Advances in Psychology Research, 146, pp. 59–95. Nova Publishers. ISSN: 978-1-68507-115-8
78. **Pandya, A.** & Kathuria, T. (2019). Chapter 4: Concept of death in Hinduism: Implications for the therapeutic process,158-168 In B. Counselman-Carpenter, and A. Redcay (Eds.), *Working with grief and traumatic loss: Theory, practice, personal self-care and reflection for clinicians* (pp.358). San Diego, CA: Cognella. ISSN: 978-1516542178
79. Satpathy, M., **Pandya, A.**, Kar, S., Rana, G., Kar, B. and Mishra, S. (2018). Queer youth and families in India-documenting stories of adversity, diversity and belonging. In Rekha Sapra (Ed.), *Reflections-Skills for social and emotional well-being* (pp. 148-170), New Delhi, India: Authors Press. ISBN: 978-93-87651-24-1.
80. **Pandya, A.** (2012). Sexuality issues of men who have sex with men (MSM) and strengths-based counseling. In Ojha, S. & Pandey, S. (Eds.). *Positive psychology: Emerging trends*, Vols. 1&2, (pp 462-477). New Delhi: Shree Publishers & Distributors. ISBN: 978-818-329-473-7

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82. **Pandya, A.,** Bhatt, D., & Chauhan, A. (In Press). Innovative mental health initiatives in the District Mental Health Program: A case of Gujarat. Hyderabad, India: Orient BlackSwan.
83. **Pandya, A.,** Lodha, P., Ganatra, A. (Accepted). Health technology and artificial intelligence for mental health: Paving a way for early detection and diagnosis of mental illness. In Patricia Ordonez de Pablos (Ed). *Digital Healthcare in Asia and Gulf Region for Healthy Aging and More Inclusive Societies: Shaping Digital Future*. Elsevier.

Book Review

84. **Pandya, A.** (2012). The secret: love marriage and HIV. [Review of the book by Hirsch, J., Wardlow, H., Smith, D. J., Phinney, H.M., Parikh, S., & Nathanson, C., 2009]. *Culture, Health, and Sexuality*, 14(3),361-363. Retrieved from: <https://doi.org/10.1080/13691058.2011.643552>

Conference Proceeding

85. **Pandya, A.** (2016). Coping responses of Men who have Sex with Men (MSM). International Conference on Strength-Based Strategies held at Hyderabad, India from November 9 to 13, 2006.

TEACHING EXPERIENCE

Courses I teach currently for Post Graduate Programmes (MPH & MHA)

- Communications for Hospital Managers
- Health Communication and Promotion
- Health Economics
- Gender, Health and Rights

Courses I teach currently for PhD Programme

- Research Methodology
- Research and Publication Ethics

Courses I Taught

Serial No.	Title of course taught	Postgraduate or Undergraduate	Sole instructor or with others	Year
1	Health Promotion and Communication	Post-graduate	Sole Instructor	2019-20 2020-21
2	Health Technology Assessment	Post-graduate	With other faculty	2020-21
3	Mental Health and Lay Counselling	Certificate Course	Sole Instructor	2019-20
4	Interpersonal Communication and Lay Counselling	Post-graduate	Sole Instructor	2019-20
5	Behaviour Change Communication and Health Promotion	Certificate Course	Sole Instructor	2018-19
6	Scientific writing	Post-graduate	With Professor	2011-12
7	Introduction to human development and family studies	Undergraduate	Sole instructor	2011-12
8	Social change-makers	Undergraduate	Sole instructor	2011-12
9	Qualitative data analysis	Post-graduate	Sole instructor	2011-12
10	Research methodology	Post-graduate	With Professor	2009-10
11	Guidance and counselling	Post-graduate	With Professor	2007-08
12	Guidance and counselling	Post-graduate	Sole instructor	2008-09 2009-10

Curriculum Designed:

- Bachelor of Science (BSc) - Public Health (Honours and Honours with Research)
- Master of Public Health (MPH) – Regular programme
- Master of Hospital Administration (MHA) – Regular programme
- Online Master of Hospital Administration (MHA)

Courses Designed:

- Positive Mental Health – Online -Self-paced – Mandatory for first year students of Parul University
- Participatory Research in Health – Online Instructor led course offered by Centre for Continuing and Online Learning, Parul University, Vadodara
- Health Promotion and Communication
- Gender, Health, and Rights
- Public Mental Health
- Ethics in Public Health
- Health Technology Assessment
- Social and Behavioural Sciences in Health
- Research Methodology and Research Ethics
- Organizational Behaviour
- Soft skills for Professionals
- Entrepreneurship in Healthcare
- Leadership in Healthcare

TRAINING/ WORKSHOPS

Participation in Training/Workshops

S. No.	Details	Presented/ Participated	Sponsor	Year
1	Advanced Training on Health Technology Assessment – II	Participant	Department of Health Research, GoI	2019
2	Advanced Training on Health Technology Assessment – I	Participant	Department of Health Research, GoI	2018
3	Health Technology Assessment	Participant	Department of Health Research, GoI	2018
4	Management and Leadership	Participant	ChildFund International	2017
5	MAGIC: Approach for managers	Participant	ChildFund International	2017
6	Disaster Management	Participant	ChildFund International	2016
7	Theory of Change	Participant	ChildFund International	2016
8	Life skills training for Children: Training of trainers' workshop	Participant	Gujarat State Child Protection Society (GSCPS)	2013
9	Linkages and Networking, Advocacy and Community Mobilization in Injecting Drug Users (IDU) targeted interventions (TIs)	Participant	United Nations Office for Drug Control and Crime Prevention	2012
10	Longitudinal research methodology	Participant	University of Alberta, Edmonton	2012
11	Transforming researches to policies	Participant	Columbia University of New York City	2011
12	WHO's research on ICTC and its role in HIV prevention	Participant	Columbia University of New York City	2010
13	Research Methodology	Participant	Tata Institute of Social Sciences	2010
14	HIV/AIDS Counselling and Psychosocial Intervention	Participant	Tata Institute of Social Sciences	2005

Facilitation of Conference / Events

S. No.	Details	Nature of Work	Sponsor	Year
1	AAG: 2021: Action Against Anemia in Gujarat Symposia on 26th March 2022	Co-organizer	Parul Institute of Public Health and Deepak Foundation	2022
2	National Conference on Occupational Stress and Mental Health Issues Among Uniformed Personnel and Nazariya 2019	Co-organizer	Indian Institute of Public Health Gandhinagar	2019
3	International Conference on MedTech for Primary Healthcare and ASCIES Plus	Co-organizer	Indian Institute of Public Health Gandhinagar	2018
4	Nazariya 2018 – Mental Health Awareness Event	Co-organizer	Indian Institute of Public Health Gandhinagar	2018
5	National Seminar on Child Rights	Coordinator/ Facilitator	Government of Gujarat, UNICEF, Gujarat and ILO, New Delhi	2013

Seminars/Workshops Conducted

S. No.	Workshop/Seminar	Institute/Department	Year
1	Stress and Anxiety Management among Police Personnel	Gujarat Police Academy, Karai, Gandhinagar	2019
2	Stress Management for Nursing Staff	District Training Centre, Gandhinagar	2019
3	SAMISHRAN: Teambuilding workshop for new students	Indian Institute of Public Health Gandhinagar	2018
4	Mental Health Sensitization of CRPF Jawans and Family	CRPF, Gandhinagar	2018
5	Mental Health Sensitization of BSF Jawans and Family	BSF, Gandhinagar	2018
6	Contextualizing Theory of Change in India	ChildFund International	2016
7	Sexuality and gender issues in counselling in India	James Madison University, Virginia	2011
8	Health system in India	Public School, New York	2011
9	Orientation to the application of Statistical Package of Social Sciences version-12	Department of Human Development and Family Studies, MSUB, Vadodara	2008
10	Sex, sexuality, and gender	Department of Human Development and Family Studies, MSUB, Vadodara	2007

CONSULTANCY ASSIGNMENTS

Organization	Consultancy	Period	Role
The Humsafar Trust, Mumbai and India AIDS Alliance, New Delhi	Training of Counselors working with Pehchan Projects in Gujarat, Maharashtra, Madhya Pradesh and Rajasthan	8 days	Subject Expert
Gujarat State AIDS Control Society, Department of Health and Family Welfare, Government of Gujarat	Evaluation of Link Worker Scheme in Gujarat State	6 days	Principal Evaluator
Gujarat State AIDS Control Society	Rapid Assessment of Migrant Targeted Interventions	8 days	Subject Expert/Mentor
Gujarat State AIDS Control Society	Joint Appraisal Visit of Non-governmental organizations	5 days	Subject Expert
Gujarat State AIDS Control Society	Needs Assessment Training	15 days	Subject Expert
Gujarat State AIDS Control Society	Evaluation of HIV prevention Targeted Interventions	24 days	Co-Evaluator

CONSULTANCY ASSIGNMENTS

Organization	Consultancy	Period	Role
Ahmedabad Municipal Corporation - AIDS Control Society	Evaluation of HIV prevention Targeted Interventions – Migrant Workers	3 days	Co-Evaluator
Goa State AIDS Control Society	Evaluation of HIV prevention Targeted Interventions	14 days	Principal Evaluator
Diu and Daman State AIDS Control Society	Evaluation of HIV prevention Targeted Interventions	6 days	Principal Evaluator
India AIDS Alliance, New Delhi	Workshop on counselling training	5 days	Subject Expert
Resource Centre for Sexual Health and AIDS (RCSHA)	Targeted Intervention Profiling Study	28 days	Investigator

PERSONAL INFORMATION

Languages known: Gujarati, Hindi, and English

Hobbies: Cycling, Gardening, Listening to Semi-classical songs & Sugam Sangeet and Reading

I appreciate your time for going through my CV. My passion lies in promoting public health and well-being. Looking forward to collaborate on initiatives that promote the health and well-being of individuals.

(Updated on 30th November 2023)